



# Oscar Bears' Day Care

## Oscar Bears Day Care - Nappy Changing and Toilet training policy

### Introduction

We pride ourselves in embracing the individual Childs routine; nappy changing time is a good bonding time between key worker and child and is an opportunity for fun i.e. songs sang.

The highest hygiene standards are upheld at all times and even the youngest of children actively encouraged to join in.

When your child is ready for toilet training we are able to help you access a variety of information/resources and support you and your child through this stage.

### Nappy Changes

- Nappies are checked on a regular basis. Nappies are changed as and when required.
- Your Childs key worker will ensure that your Childs nappy is changed at least once per session. Key workers will also ensure that nappies are changed before and after a sleep.
- Nappy checks and changes (dry, wet or soiled) are recorded on the nappy sheet. If a child has a home diary it will also be noted here.
- Nappies, baby wipes, cotton wool and sudacreme are provided by Oscar Bears Day Care.
- If parents would like there children to use a specific brand of nappies, baby wipes or nappy cream we ask that these are provided from home.
- In the main your Childs key worker will change your Childs nappy. Where this is not possible due to absence etc, we will ensure that the person undertaking the nappy routine is familiar to your child.
- Oscar Bears Day Care will require written prior consent to use nappy cream on your child.
- Nappy changes take place on a nappy changing unit with a soft wipe clean nappy change mat. Everything that is required for nappy changing is close to hand.
- Staff will reassure a child during nappy changing time.
- Staff will wear new gloves for each new nappy change; the gloves will be disposed of in the sani bin after use.
- Disposable aprons are available for use by staff during nappy changing routine.
- Wet Nappies will be placed in the yellow bin.
- Dirty nappies will be placed in a nappy bag and then in the yellow bin
- Staff will wipe down the change mat when finished with an anti bacterial spray and paper towel. The paper towel will be placed in the Sani bin.
- Staff will wash hands or use the alcohol gel rub on completing the nappy change.
- Staff will encourage the child to also wash their hands.



- The yellow bin will be removed and placed in a designated outside bin for collection at least once a day.
- Staff will not leave children unattended on the changing unit under any circumstances.

### Toilet Training

- Oscar Bears Day Care provides potties and child sized toilets and sinks for your child.
- We will work with the child and family to develop an individual toilet training strategy.
- Staff will be available to help with the Childs hygiene routines
- Once a potty has been used the contents will be disposed of down the toilet. Antibacterial spray and paper towels will be used to clean the potty. Towels will be disposed of in the sani bin.
- Once the child has finished both the staff member and child will thoroughly wash and dry there hands.
- As the child becomes more confident in toileting, independence will be encouraged.
- Staff will regularly check the toilet area for any accidents or spillages.

Written by: Laura Mills

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